



F.W. HUSTON  
MEDICAL CENTER

# 2025 COMMUNITY HEALTH NEEDS ASSESSMENT



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## EXECUTIVE SUMMARY

The Patient Protection and Affordable Care Act (ACA) requires non-profit hospitals to conduct a Community Health Needs Assessment (CHNA) every three years and adopt an implementation strategy to address the needs identified. The 2025 CHNA was completed in collaboration with the Jefferson County Health Department. Previous Community Health Needs Assessments for F.W. Huston Medical Center and its primary service area were completed in 2019 and 2022.

The 2022 assessment identified availability/affordability of healthy food; suicide, depression and social isolation; and obesity as the top areas of concern within Jefferson County.

From the survey response of over 235 community members, the 2025 assessment identified the following as the highest health related concerns within the community: Mental health related problems; aging problems (e.g., arthritis, hearing/vision loss, etc.); obesity. While the community identified the three most important factors for a healthy community as: Low crime; good schools; and access to health care.

Building a healthy community depends on strong collaboration and shared understanding among local leaders. This assessment unites community health leaders, providers, and residents to identify and prioritize Jefferson County's health needs while highlighting existing successes in care delivery. The findings will serve as a foundation for guiding community health improvement efforts over the next three years. Additional details and results are further outlined in this report on how F.W. Huston will strategize to meet the needs as addressed by our community members.

This assessment was received by the F.W. Huston Medical Center Medical Staff on November 20, 2025. The F.W. Huston Medical Center Board of Directors approved this assessment on November 24, 2025.

## ABOUT F.W. HUSTON MEDICAL CENTER

F.W. Huston Medical Center in Winchester, Kansas, is a Critical Access Hospital providing 24/7 emergency care, inpatient and outpatient services, rehabilitation therapies, and assisted living in a rural setting. Known for its minimal wait times and strong community focus, the center offers a spectrum of care including a primary care clinic, diagnostic service, post-acute rehabilitation services, and a long-term care facility. Guided by its mission to help patients “Live Life Well,” F.W. Huston Medical Center emphasizes integrity, teamwork, and patient-centered service while actively working to improve quality and expand resources for Jefferson County residents.

### **MISSION STATEMENT**

Committed to assisting YOU in Living Life Well

### **VALUES**

Integrity, Stewardship, Teamwork, Knowledge

### **VISION**

To be the provider of choice in the region for services like primary care, outpatient labs and therapy, swing-bed services, long-term care, and assisted living.

## METHODOLOGY

The Community Health Needs Assessment (CHNA) was developed in collaboration with the Jefferson County Health Department and a team of clinical and non-clinical staff from F.W. Huston Medical Center. Key health indicators for our service area guided the selection of survey questions included in the assessment.

Data was collected through a structured community survey designed to gather input directly from Jefferson County residents about their perceptions of local health needs, challenges, and resources. The survey was distributed both electronically and in paper format to ensure broad accessibility, with responses collected anonymously to encourage honest feedback. Multiple distribution methods were used, including QR codes on community posters, newspaper publications, and social media links. In addition, paper copies were made available at several public locations throughout the community. Questions focused on identifying priority health concerns, barriers to care, and opportunities for improvement within the community. This process allowed diverse voices to be represented and provided valuable insight into the health priorities most important to community members.

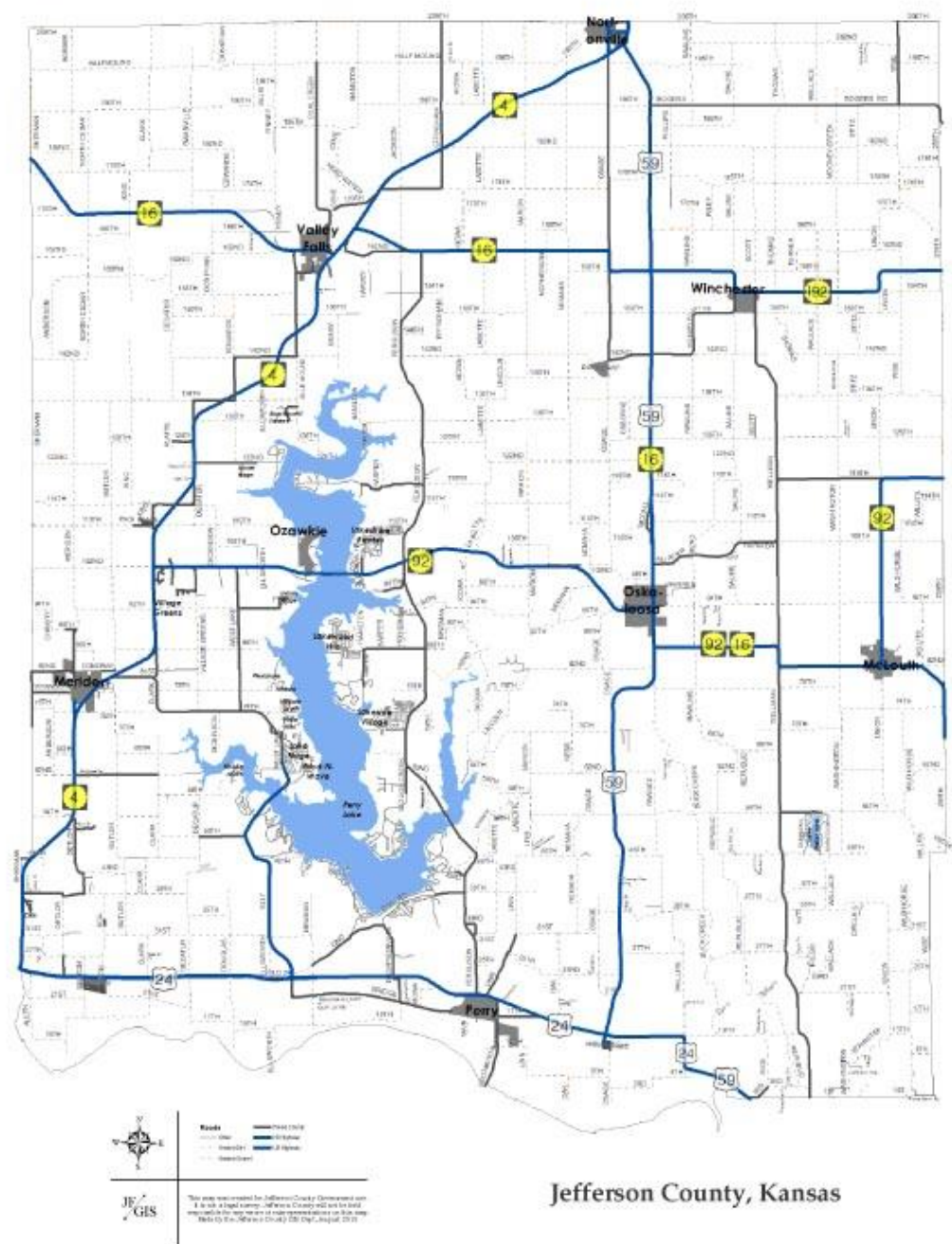
## KEY BENEFITS

The Community Health Needs Assessment (CHNA) provides important advantages for both F.W. Huston Medical Center and the Jefferson County Health Department, including:

1. Expanding knowledge of community health needs and available resources.
2. Establishing a shared understanding of the community's most pressing health priorities.
3. Strengthening relationships and fostering mutual understanding among stakeholders.
4. Offering a framework for stakeholders to make informed decisions about how to support community health improvement.
5. Supplying justification for current and potential funding opportunities.
6. Creating pathways for collaboration in the delivery of services.
7. Guiding the hospital and health department in aligning services and community benefit programs to address identified needs.
8. Supporting the hospital's mission to provide compassionate, high-quality care and promote the overall health of our community.

## OUR COMMUNITY

The Community Health Needs Assessment (CHNA) defined its community as the entirety of Jefferson County, Kansas. This approach was chosen because F.W. Huston Medical Center is the county's only hospital, and the Jefferson County Health Department provides services to all county residents. Each of the five surrounding counties—Atchison, Leavenworth, Douglas, Shawnee, and Jackson—has at least one nonprofit hospital conducting its own CHNA. The vast majority of patients served by F.W. Huston Medical Center and the Jefferson County Health Department reside within Jefferson County.



## DEMOGRAPHICS

*County Health Rankings & Roadmaps* is a program of the University of Wisconsin Population Health Institute that provides data and resources to highlight differences in health across communities. Their work promotes a shared understanding of the factors that influence health and supports community-driven efforts to help all people thrive.

The following data presents a comparison between the demographics of Jefferson County and those of the state of Kansas as a whole. This information is available at: <https://www.countyhealthrankings.org>

	<b>JF County</b>	<b>Kansas</b>
% Below 18 Years of Age	21.30%	23.60%
% 65 Years of Age and Older	21.30%	17.50%
% Female	49.10%	49.90%
% American Indian or Alaska Native	1.10%	1.30%
% Asian	0.30%	3.20%
% Hispanic	3.60%	13.70%
% Native Hawaiian or Other Pacific Islander	0.10%	0.20%
% Non-Hispanic Black	0.80%	5.70%
% Non-Hispanic White	92.20%	73.70%
% Disability: Functional Limitations	26%	29%
% Not Proficient in English	0%	2%
Children in Single-Parent Households	11%	21%
% Rural	99.10%	27.70%
Population	18,327	2,940,546



## KEY HEALTH INDICATORS

*Kansas Health Matters* provides data on key indicators to address health issues that are most prevalent throughout Kansas and recommends that these indicators are reviewed in every CHNA. Below are the key health indicators for Jefferson County, Kansas.

The key health indicators identified through *Kansas Health Matters* served as the foundation for developing the community CHNA survey questions. By analyzing county-level data on factors such as chronic disease prevalence, access to care, mental health, maternal and child health, and social determinants of health, the assessment team was able to pinpoint priority areas that most impact Jefferson County residents. These indicators guided the design of survey questions to ensure they captured community perspectives on the most pressing health challenges, gaps in resources, and areas of strength. Using this evidence-based approach ensured that the survey not only reflected local concerns but also aligned with broader public health data, creating a more accurate and meaningful assessment of community health needs.

### JEFFERSON COUNTY DATA:

#### Health / Alcohol & Drug Use

##### Adults who Drink Excessively

21.7%

(2022)



KS Value  
(19.5%)



Compared to  
U.S. Counties



Trend

#### Health / Health Care Access & Quality

##### Persons with Health Insurance

91.0%

(2022)



KS Value  
(89.8%)



Compared to  
U.S. Counties



Trend

#### Health / Heart Disease & Stroke

##### Age-Adjusted Death Rate due to Heart Attack

42.6%

Deaths per 100,000  
population 35+ years  
(2021)



KS Value  
(48.6)



Compared to  
U.S. Counties



Trend



**Health / Maternal, Fetal & Infant Health****Infant Mortality Rate**

6.5

Deaths per 1,000 live births  
(2014-2018)KS Value  
(6.1)

Trend

**Percent of Births with Low Birth Weight**

5.5%

(2021-2023)

KS Value  
(8.3%)

Trend

**Health / Mental Health & Mental Disorders****Frequent Mental Distress**

0.1

(2019)

KS Value  
(14.4%)Compared to  
U.S. Counties**Health / Nutrition & Healthy Eating****Percent of Adults Who Reported Consuming Fruit Less than 1 Time Per Day**

0.5

(2021)

KS Value  
(43.7%)**Percent of Adults Who Reported Consuming Vegetables Less than 1 Time Per Day**

12.9%

(2021)

KS Value  
(19.7%)

Trend

**Community / Transportation****Households without a Vehicle**

5.0%

(2019-2023)

KS Value  
(5.1%)

Trend

**Environmental Health / Built Environment****Access to Exercise Opportunities**

26.6%

(2025)

KS Value  
(80.3%)Compared to  
U.S. Counties**Access to Parks**

25.0%

(2020)

KS Value  
(47.5%)Compared to  
U.S. Counties**Health / Weight Status****Adults 20+ Who Are Obese**

30.9%

(2021)

Compared to  
U.S. Counties

Trend

**Percent of Adults who are Overweight**

41.2%

(2021)

KS Value  
(34.4%)

Trend

**Percent of Adults Who Reported That They Always Wear a Seatbelt When in a Car**

76.0%

(2017)

KS Value  
(83.4%)

Trend

**Percent of Adults with Fair or Poor Self-Perceived Health Status**

17.3%

(2021)

KS Value  
(14.7%)

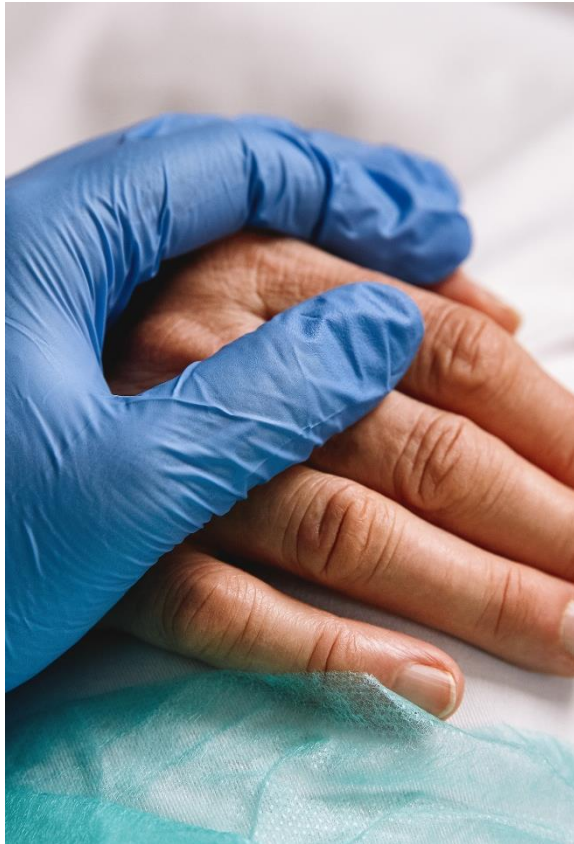
Trend

**Child Opportunity Index**

49.3

(2015)

KS Value  
(45.32)The above data can be found at: <https://kansashealthmatters.org>



## SURVEY AND RESULTS

F.W. Huston Medical Center CHNA Committee Members collaborated alongside Jefferson County Health Department members to develop a survey to collect valuable data within the community. Microsoft Forms was utilized for the creation of the electronic format, while a paper format was also made available. The survey was available to the public for 30 days.

The electronic survey was distributed both electronically and in paper format to increase accessibility. Multiple distribution methods were used, including QR codes on community posters, newspaper publications, and social media links. In addition, paper copies were made available at several public locations throughout the community.

## SURVEY QUESTIONS

### PART I: DEMOGRAPHICS

1. What is the zip code where you live? \_\_\_\_\_ *(Note: This survey is for residents of Jefferson County, KS)*
2. What is your age? (please select from ranges below)
 

<input type="checkbox"/> 12 years or younger	<input type="checkbox"/> 35-44 years
<input type="checkbox"/> 13-17 years	<input type="checkbox"/> 45-54 years
<input type="checkbox"/> 18-24 years	<input type="checkbox"/> 55-64 years
<input type="checkbox"/> 25-34 years	<input type="checkbox"/> 65+ years
3. What is your identifying gender?
 

<input type="checkbox"/> Woman
<input type="checkbox"/> Man
<input type="checkbox"/> Non-binary
<input type="checkbox"/> Prefer not to say
<input type="checkbox"/> Other: _____
4. Race / Ethnic group you most identify with:
 

<input type="checkbox"/> White / Caucasian	<input type="checkbox"/> Native American
<input type="checkbox"/> Black / African American	<input type="checkbox"/> Prefer not to answer
<input type="checkbox"/> Hispanic / Latino	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Asian / Pacific Islander	

## 5. Marital Status:

- ☐ Single  
☐ Married  
☐ Divorced  
☐ Widowed  
☐ Separated  
☐ Other: \_\_\_\_\_

## 6. What is your current employment status? (Select all that apply.)

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Employed            | <input type="checkbox"/> Unemployed   |
| <input type="checkbox"/> Self-Employed       | <input type="checkbox"/> Retired      |
| <input type="checkbox"/> Stay-at-Home        | <input type="checkbox"/> Disabled     |
| <input type="checkbox"/> Homemaker/Caregiver | <input type="checkbox"/> Other: _____ |

## 7. Indicate your annual household take-home pay range.

- ☐ Less than \$25,000  
☐ \$25,000 - \$49,999  
☐ \$50,000 - \$74,999  
☐ Over \$75,000

## 8. How many people live in your household?

- ☐ 1  
☐ 2  
☐ 3  
☐ 4  
☐ 5+

## 9. Of those people that live within your household, how many are dependents?

- |                            |                               |
|----------------------------|-------------------------------|
| <input type="checkbox"/> 1 | <input type="checkbox"/> 4    |
| <input type="checkbox"/> 2 | <input type="checkbox"/> 5+   |
| <input type="checkbox"/> 3 | <input type="checkbox"/> None |

## 10. What type of healthcare coverage do you have? (Select all that apply.)

- ☐ Medicare  
☐ Medicare Advantage  
☐ Medicaid/KanCare (Aetna, United Healthcare, Sunflower)  
☐ Commercial Health Insurance (BCBS, Aetna, Humana, Cigna, etc.)  
☐ VA/Tricare  
☐ Direct Primary Care  
☐ No healthcare insurance  
☐ Other: \_\_\_\_\_

## 11. Does anyone in your household receive disability benefits?

- ☐ Yes  
☐ No

**PART II: COMMUNITY HEALTH**

12. In the following list, what do you think are the three most important factors for a "Healthy Community?"

*(Choose the factors which you feel are the most important to achieving a safe healthy environment for you and your family.)*

Please select at most 3 options.

- |  |   |
|--|---|
| <input type="checkbox"/> Good place to raise children                | <input type="checkbox"/> Parks and recreation     |
| <input type="checkbox"/> Low crime / safe neighborhoods              | <input type="checkbox"/> Clean environment        |
| <input type="checkbox"/> Low level of child abuse                    | <input type="checkbox"/> Affordable housing       |
| <input type="checkbox"/> Good schools                                | <input type="checkbox"/> Arts and cultural events |
| <input type="checkbox"/> Access to health care (e.g., family doctor) | <input type="checkbox"/> Access to healthy food   |

13. In the following list, what do you think are the top three largest "health related problems" in your community?

*(Those problems which have the greatest impact on overall community health.)*

Please select at most 3 options.

- |   |  |
|---|--|
| <input type="checkbox"/> Aging problems<br>(e.g., arthritis, hearing/vision loss, etc.) | <input type="checkbox"/> Obesity (childhood & adult)                     |
| <input type="checkbox"/> Cancers  | <input type="checkbox"/> Heart disease and stroke                        |
| <input type="checkbox"/> Child abuse / neglect  | <input type="checkbox"/> High blood pressure                             |
| <input type="checkbox"/> Dental problems  | <input type="checkbox"/> HIV / AIDS                                      |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Homicide  |
| <input type="checkbox"/> Domestic Violence  | <input type="checkbox"/> Infant death                                    |
| <input type="checkbox"/> Firearm-related injuries                                       | <input type="checkbox"/> Infectious Diseases (e.g., hepatitis, TB, etc.) |
|   | <input type="checkbox"/> Mental health problems                          |

14. In the following list, what do you think are the three most important "risky behaviors" in your community?

*(Those behaviors which have the greatest impact on overall community health.)*

Please select at most 3 options.

- |  |   |
|--|---|
| <input type="checkbox"/> Alcohol abuse                             | <input type="checkbox"/> Accessibility to preventive care |
| <input type="checkbox"/> Being overweight                          | <input type="checkbox"/> Other: _____                     |
| <input type="checkbox"/> Dropping out of school                    |   |
| <input type="checkbox"/> Drug abuse                                |   |
| <input type="checkbox"/> Lack of exercise                          |   |
| <input type="checkbox"/> Lack of maternity care                    |   |
| <input type="checkbox"/> Poor eating habits                        |   |
| <input type="checkbox"/> Not getting "shots" to prevent disease    |   |
| <input type="checkbox"/> Racial differences                        |   |
| <input type="checkbox"/> Tobacco use                               |   |
| <input type="checkbox"/> Not using a form of birth control         |   |
| <input type="checkbox"/> Not using seat belts / child safety seats |   |
| <input type="checkbox"/> Unsafe sex                                |   |
| <input type="checkbox"/> Unsecured firearms                        |   |

15. How would you rate the overall health of our community?

- ☐ Very healthy
- ☐ Healthy
- ☐ Somewhat healthy
- ☐ Unhealthy
- ☐ Very unhealthy

16. How would you rate your own personal health?

- ☐ Very healthy
- ☐ Healthy
- ☐ Somewhat healthy
- ☐ Unhealthy
- ☐ Very unhealthy

### PART III: QUALITY OF LIFE

Directions: Please read the questions and circle the number that best reflects your opinion.

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

17. Are you satisfied with the overall quality of life in your community?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

18. Are you satisfied with the health care system in your community?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

19. Is your community a good place to raise children?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

20. Is your community a good place to grow old?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

21. Is there economic opportunity in your community?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

22. Is your community a safe place to live?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

23. Are there networks of support for individuals and families during times of stress and need?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

24. Do all individuals and groups have the opportunity to contribute to and participate in your community's quality of life?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

25. Do all residents perceive that they - individually and collectively - can make your community a better place to live?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

26. Is there a broad variety of health services in your community?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

27. Are there a sufficient number of health and social services available in your community?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

28. Do you believe that you have adequate access to healthcare when you need it?

1: Strongly No      2: No      3: Neutral      4: Yes      5: Strongly Yes

## SURVEY RESULTS

Survey respondents shared valuable insights about the quality of healthcare services, common health concerns, and areas where F.W. Huston Medical Center can better support the community. Feedback gathered through the Community Health Needs Assessment (CHNA) survey was carefully reviewed to highlight key trends, identify local health challenges, and better understand what matters most to residents. The information gathered helps guide F.W. Huston Medical Center's efforts to focus on the most pressing health priorities and develop programs and services that best meet the needs of our community.

The findings are summarized below:

### DEMOGRAPHICS

<b><u>Respondents by Age</u></b>	
<b>Age</b>	<b>Number of Responses</b>
<18 years	4
18-24 years	3
25-34 years	27
35-44 years	46
45-54 years	44
55-64 years	58
65+ years	53

<b><u>Respondents by Zip Code</u></b>	
<b>Zip Code</b>	<b>Number of Responses</b>
66066	56
66097	41
66088	38
66060	28
66070	24
66073	16
66512	14
66054	11
66002	3
66016	2
66429	1
Prefer not to answer	1

<b><u>Respondents by Gender</u></b>	
<b>Gender</b>	<b>Number of Responses</b>
Woman	192
Man	42
Non-binary	0
Prefer not to say	0
Other	1



<b><u>Race/Ethnic Group</u></b>	
<b>Race/Ethnic Group</b>	<b>Number of Responses</b>
White / Caucasian	228
Black / African American	2
Hispanic / Latino	7
Asian / Pacific Islander	1
Native American	4
Prefer not to answer	0
Other	0

<b><u>Marital Status</u></b>	
<b>Marital Status</b>	<b>Number of Responses</b>
Single	38
Married	167
Divorced	17
Widowed	11
Separated	1
Other	1

<b><u>Current Employment Status</u></b>	
<b>Employment Status</b>	<b>Number of Responses</b>
Employed	157
Self-Employed	28
Stay-at-Home Homemaker/Caregiver	5
Unemployed	1
Retired	50
Disabled	2
Student	2
Other	3

<b><u>Annual Household Take Home Pay Range</u></b>	
<b>Household Income</b>	<b>Number of Responses</b>
Less than \$25,000	17
\$25,000 - \$49,999	42
\$50,000 - \$74,999	52
Over \$75,000	121

<b><u>Healthcare Insurance Coverage</u></b>	
<b>Healthcare Coverage</b>	<b>Number of Responses</b>
Medicare	53
Medicare Advantage	9
Medicaid/KanCare (Aetna, United Healthcare, Sunflower)	17
Commercial Health Insurance (BCBS, Aetna, Humana, Cigna, etc.)	173

VA/Tricare	15
Direct Primary Care	6
No healthcare insurance	9
Other	6

## COMMUNITY HEALTH

<b><u>Important Factors for a Healthy Community</u></b>	
<b>Factors</b>	<b>Number of Responses</b>
Low crime / safe neighborhoods	161
Good schools	118
Access to health care (e.g., family doctor)	115
Good place to raise children	106
Affordable housing	81
Access to healthy food	46
Clean environment	31
Low level of child abuse	18
Parks and recreation	16
Arts and cultural events	1

<b><u>Largest Health Related Problems</u></b>	
<b>Factors</b>	<b>Number of Responses</b>
Mental health problems	137
Aging problems (e.g., arthritis, hearing/vision loss, etc.)	123
Obesity (childhood & adult)	112
Cancers	69
Diabetes	58
Heart disease and stroke	55
High blood pressure	50
Child abuse / neglect	27
Domestic Violence	24
Dental problems	14
Firearm-related injuries	7
Infectious Diseases (e.g., hepatitis, TB, etc.)	3
HIV / AIDS	1
Homicide	0
Infant death	0

<b><u>Most Important Risky Behaviors</u></b>	
<b>Factors</b>	<b>Number of Responses</b>
Alcohol abuse	157
Drug abuse	122
Being overweight	101
Poor eating habits	77
Lack of exercise	74

Tobacco use	38
Accessibility to preventive care	35
Not getting "shots" to prevent disease	20
Not using seat belts / child safety seats	10
Unsafe sex	9
Unsecured firearms	9
Dropping out of school	7
Not using a form of birth control	7
Racial differences	5
Lack of maternity care	4
Other	4

## QUALITY OF LIFE

<b><u>Question</u></b>	<b><u>5</u></b>	<b><u>4</u></b>	<b><u>3</u></b>	<b><u>2</u></b>	<b><u>1</u></b>	<b><u>Average Rating</u></b>
Is there economic opportunity in your community?	6	48	83	78	20	2.75
Is there a broad variety of health services in your community?	5	71	60	78	19	2.85
Are there a sufficient number of health and social services available in your community?	7	63	72	71	20	2.85
Are there networks of support for individuals and families during times of stress and need?	13	76	85	49	11	3.13
Do all residents perceive that they - individually and collectively - can make your community a better place to live?	10	73	97	48	6	3.14
Do all individuals and groups have the opportunity to contribute to and participate in your community's quality of life?	17	90	80	37	10	3.29
Are you satisfied with the health care system in your community?	22	106	70	27	10	3.44
Do you believe that you have adequate access to healthcare when you need it?	30	119	57	22	7	3.61
Are you satisfied with the overall quality of life in your community?	27	138	58	9	3	3.75
Is your community a good place to grow old?	43	126	43	20	1	3.80
Is your community a good place to raise children?	57	138	33	5	2	4.03
Is your community a safe place to live?	55	139	39	2	0	4.05

## SURVEY DATA LIMITATION

While the Community Health Needs Assessment survey provided valuable feedback from our community, there are a few limitations to keep in mind when reviewing the results:

### Participation:

The survey was open to everyone, but not everyone chose to take part. This means that the results reflect the opinions of those who responded and may not fully represent every voice in our community.

Returned surveys: 235

Jefferson County Population: 18,327

Jefferson County Population >18 years of age: 14,422

Less than 2% of population is represented in these results.

### Community Representation:

Despite efforts to reach all areas and age groups, some populations may not have been equally represented, especially those with limited internet access or less connection to local outreach channels.

### Self-Reported Information:

Responses were based on individuals' personal experiences and opinions. These can vary widely and may not always reflect the situation for the community as a whole.

### Survey Access:

The survey was offered both online and in paper form, but not everyone may have had equal opportunity or awareness to complete it.

### Snapshot in Time:

The results capture community perspectives at the time of the survey. As community needs and resources change, these findings may evolve as well.



## SUMMARY OF RESULTS

Survey respondents identified low crime, good schools, and access to healthcare as the most important factors for a healthy community. The top health concerns included mental health, aging-related issues such as arthritis and vision or hearing loss, and obesity. The most significant risky behaviors cited were alcohol and drug abuse and being overweight. These results highlight the community's need for initiatives that support mental and physical health, address the challenges of an aging population, and promote healthy lifestyle choices.

## PRIORITIES

**1:** Mental Health

**2:** Aging Related Issues

**3:** Access to Healthcare

## ACTION PLAN

### Mental Health

#### **Implementation Strategy**

The hospital will collaborate with the Jefferson County Health Department to expand mental health education and awareness within the community. This strategy will focus on strengthening provider knowledge and increasing mental health awareness among adolescents through coordinated education efforts.

#### **Key actions will include:**

- Partnering with the Jefferson County Health Department to develop and deliver mental health education and training for hospital and clinic providers, including nursing staff and medical providers.
- Supporting education focused on mental health awareness, early identification, and appropriate referral pathways.
- Coordinating with local school districts to schedule and conduct age-appropriate mental health education assemblies or presentations for adolescents throughout the county.
  - This will be accomplished through the use of grants and funding as available.
- Providing information on available mental health resources and support services to both healthcare providers and students to encourage timely access to care.

#### **Target Population:**

Hospital and clinic healthcare providers throughout Jefferson County.

#### **Anticipated Impact:**

Improved provider knowledge and confidence in recognizing and addressing mental health concerns through increased resource knowledge.

Increased mental health awareness among adolescents, earlier identification of mental health needs, and improved access to appropriate mental health resources.

**Evaluation Metrics:**

Progress will be evaluated using measures such attendance or participation levels, number of providers trained, number of school-based presentations held, and feedback from participants when available.

## Aging Related Issues

**Implementation Strategy**

The hospital will promote healthy living within the community by increasing awareness of existing wellness and preventive health resources. This strategy will focus on coordinated outreach, education, and collaboration with community partners to reduce barriers to accessing preventive services.

**Key actions will include:**

- Collaborating with community organizations and the local health department to identify and promote available exercise classes, wellness programs, and preventive screening services, including vision and audiology testing.
- Educating community members about the availability and benefits of Medicare Annual Wellness Visits offered at F.W. Huston Medical Center.
- Utilizing multiple communication methods, such as the hospital website, social media, printed materials, community events, and referrals through clinical staff, to promote available resources.
- Encouraging coordination and referrals between the hospital, health department, and community partners to support continuity of care and follow-up when needed.

**Target Population:**

Community members within the hospital's service area, with emphasis on older adults, individuals with chronic conditions, and those who may experience barriers to accessing preventive and wellness services.

**Anticipated Impact:**

Increased awareness and utilization of community-based exercise programs, preventive screening services, and Medicare Annual Wellness Visits.

**Evaluation Metrics:**

Progress will be evaluated through measures such as the number of outreach efforts conducted, participation in promoted programs, referrals made, and utilization rates of Medicare Annual Wellness Visits and preventive screening services when available.

## Access to Healthcare

**Implementation Strategy**

The hospital will collaborate with the local health department and area school districts to expand access to preventive services for school-aged children. This strategy will focus on providing sports physicals and required immunizations through coordinated school-based or community-based offerings.

**Key actions will include:**

- Partnering with the local health department and school administrators to identify service needs, priority populations, and appropriate locations and schedules.
- Providing clinical staff, medical oversight, and logistical support for sports physical and immunization clinics.
- Supporting outreach and education efforts to parents and guardians regarding clinic availability, immunization requirements, and the importance of preventive care.
- Coordinating referral processes to ensure continuity of care for students requiring follow-up services.

**Target Population:**

School-aged children within the community, with particular emphasis on students experiencing barriers to accessing preventive healthcare services.

**Anticipated Impact:**

Improved access to sports physicals and immunizations, increased immunization compliance, enhanced participation in school and athletic activities, and improved overall health and well-being among school-aged youth.

**Evaluation Metrics:**

Progress will be evaluated annually using measures such as the number of clinics held, number of students served, immunizations administered, and changes in immunization compliance rates when available.