

## **Lunch Menu**

## September 2025

MEDICAL CENTER	DICAL CENTER					
SUNDAY	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY
	Hamburger Steak with Grilled Onions	Country Fried Steak	Corned Beef & Cabbage	Resident's Choice	Orange Chicken	BBQ Shredded Beef
	Brown Gravy	Mashed Potatoes and Gravy	Roasted Carrots, Potatoes & Onions	Beverage	(over) Rice	Baked Beans
	Baby Bakers Potatoes	Asparagus Tips	Honey Butter Biscuit		Oriental Vegetables	Marinated Slaw
	Squash Medley	S'more Pudding Parfait	Mixed Fruit Dump Cake		Vegetable Egg Roll	Bread w/Margarine
	Frosted Cake	Dinner Roll with Margarine	Beverage		Cheesecake Pie	Black Forest Cake
	Beverage	Beverage			Beverage	Beverage
7 Chicken & Noodles	8 Honey Glazed Ham	9 Sweet & Sour Chicken	Pot Roast w/ Brown Gravy	Fried Chicken	Country Style BBQ Ribs	Beef Pot Pie
Mashed Potatoes	Sweet Potato Wedges	Steamed Rice	Roasted Baby Bakers	Mashed Potatoes	Seasoned Fries	Corn
Broccoli	Cauliflower	Buttery Sugar Snap Peas	Prince William Vegetables	Buttered Peas & Carrots	Coleslaw	Cantaloupe
Chocolate Peanut Butter Pudding	Fruit Cobbler	Lemon Blueberry Dessert	Chocolate Pudding Cake	Lemon Bar	Fresh Strawberries w/Whipped Topping	Banana Pudding
Milk/Beverage	Dinner Roll with Margarine	Beverage	Dinner Roll/Margarine	Dinner Roll/Margarine	Brownie Pie	Beverage
	Beverage		Beverage	Beverage	Beverage	
14	15	16	17	18	19	
Herb Roast Beef	Honey Glazed Turkey	Glazed Baked Ham	Beef Stroganoff over Noodles	Resident's Choice (3 oz Pro/1 Grain/2 Veg)	Oven Fried Fish	Creamy Mushroom Chicken
Au Gratin Potatoes	Mashed Sweet Potatoes (A)	Long Grain & Wild Rice Blend	Side Salad w/Dressing	Beverage	Macaroni & Cheese	Rice Pilaf
Mixed Vegetables	Herb Green Beans	Asparagus Tips	Carrots (A)		Green Peas with Pearl Onions	Buttery Sugar Snap Pe
Cherry Cobbler	Dinner Roll/Margarine	Fruit Shortcake (FR)	Fresh Fruit Parfait (FR)		Butterscotch Pudding	Cheesecake w/Fruit (Fl
Dinner Roll/Margarine	Snickerdoodle Cookies	Beverage	Dinner Roll/Margarine		Beverage	Dinner Roll/Margarin
Beverage	Beverage		Beverage			Beverage
21	22	23	24	25	26	
Swiss Steak	Baked Turkey w/Gravy	Meat Lasagna	Meatloaf with Ketchup Glaze	Resident's Choice (3 oz Pro/1 Grain/2 Veg)	Beef Goulash	Chicken Alfredo Ove Bowties
Smashed Red Potatoes	Cornbread Stuffing	Lettuce & Tomato Salad	Mashed Potatoes & Gravy	Beverage	Seasoned Green Beans	Roasted Vegetables
Carrots	Buttered Italian Blend Vegetables	Capri Vegetable Blend	Buttery Sugar Snap Peas		Garlic Bread	Fruit Cup
Strawberry Shortcake	Dinner Roll/Margarine	Breadstick/Margarine	Dinner Roll/Margarine		Angel Peach Dessert (FR)	Snickerdoodle Cookie
Beverage	Easy Lemon Cheesecake Bar	Coconut Cream Pie	Frosted Chocolate Cake		Milk/Beverage	Beverage
	Beverage	Beverage	Beverage			
28	29	30				
BBQ Pork on Bun	Beef Pot Roast w/ Brown Gravy	BBQ Chicken				
Macaroni & Cheese	Fried Potatoes	Mixed Vegetables				
Buttered Italian Blend Vegetables	Buttered Cabbage	Pasta Salad				
Cherry Crisp	Dinner Roll/Margarine	Dinner Roll/Margarine				
Beverage	Chocolate Chip Cookies	Banana Cream Pie				
	Beverage	Beverage				
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