

# PRICE LIST

*All clients are eligible for a free consultation with a provider. Date of administration will be determined by the provider and patient following a discussion on medical history, estimated units, and plan of treatment.*

## **XEOMIN: \$9/UNIT**

Xeomin services have a minimum charge of \$200 per visit.

## **FILLER, RADIESSE, RADIESSE+: \$680/SYRINGE**

Charges for the full syringe are due at the time of use.

*Effective Date: April 1, 2024*

# XEOMIN PRE CARE INSTRUCTIONS

Please note the following directives prior to receiving Xeomin services from F.W. Huston Medical Center:

**Avoid taking Aspirin and other non-steroidal anti-inflammatory drugs  
7-10 days prior to your appointment**

Examples include, but are not limited to, Ibuprofen, Advil, Motrin, Aleve, Celebrex, Fish Oil, and St. John's Wort. Use of such drugs can increase risk of bleeding and bruising at the injection site.

**Avoid alcohol consumption 24 hours prior to services**

Alcohol consumption can increase risk of bleeding and bruising at the injection site.

**Avoid waxing, bleaching, or tweezing treatment areas**

These actions may cause additional skin irritations.

**Inform provider one week in advance of history of Herpes Simplex  
(Cold Sores)**

Advance notice allows the provider to prescribe medication necessary to prevent an outbreak.

**Avoid increased sun exposure**

Sunburnt skin can be difficult to treat and will increase discomfort from injections. If sun exposure cannot be avoided, apply sunscreen with a minimum of 35 SPF.

**Eat prior to all appointments**

Eat a snack or meal prior to injection to avoid adverse reactions.

*Please inform your provider of all medications, supplements, and medical histories prior to services.*

# XEOMIN POST CARE INSTRUCTIONS

Please note the following directives after receiving Xeomin services from F.W. Huston Medical Center:

## **Wait 14 days for full results**

Results may become noticeable as soon as 48-72 hours following treatment, but can take up to 14 days to fully take effect. Please wait until 14 days have passed before assessing results.

## **Do not exercise for the remainder of the day**

Do not exercise for the rest of the day and avoid laying down or leaning forward for 2-4 hours following treatment.

## **Avoid facial treatments for 14 days**

Services such as facials, saunas, microdermabrasion, or massages can impact the placement and longevity of injection services.

## **Do not touch injection sites for four hours**

Avoid rubbing or touching injection sites for four hours following treatment.

## **Expect possible bruising**

Temporary bruising at injection sites is a possibility. Any small bumps or marks should disappear within a few hours.

Xeomin is a temporary procedure that is expected to last 3-4 months. Frequent maintenance appointments can extend this expectancy for an additional timeframe.

# FILLER PRE CARE INSTRUCTIONS

Please note the following directives prior to receiving Filler services from F.W. Huston Medical Center:

## **Avoid taking Aspirin and other non-steroidal anti-inflammatory drugs 7-10 days prior to your appointment**

Examples include, but are not limited to, Ibuprofen, Advil, Motrin, Aleve, Celebrex, Fish Oil, and St. John's Wort. Use of such drugs can increase risk of bleeding and bruising at the injection site

## **Avoid alcohol consumption for 24 hours prior to services**

Alcohol consumption can increase risk of bleeding and bruising at the injection site

## **Avoid utilizing prescription blood thinners**

If using a prescription blood thinner (such as Plavix or Coumadin), speak to your doctor about stopping use for 7-10 days prior to the injection date. A minimum of two days prior to the procedure is needed to safely inject

## **Avoid dental procedures**

Do not undergo dental procedures two weeks prior to injection or two weeks after

## **Inform providers one week in advance of any history of Herpes Simplex (Cold Sores)**

Advance notice allows the provider to prescribe medication necessary to prevent an outbreak

## **Eat prior to all appointments**

Eat a snack or meal prior to injection to avoid adverse reactions

# FILLER PRE CARE INSTRUCTIONS

## **Avoid increased sun exposure**

Sunburnt skin can be difficult to treat and will increase discomfort of injections. If sun exposure cannot be avoided, apply sunscreen with a minimum of 35 SPF.

## **Arrive with a clean face**

Please arrive with a face free of makeup or moisturizer.

Please inform your injector of all medications, supplements, and medical histories prior to services.

# FILLER POST CARE INSTRUCTIONS

Please note the following directives after receiving Filler services from F.W. Houston Medical Center:

## **Expect bruising and swelling**

Bruising and swelling will be the worst in the first 24-48 hours after injection.

## **Do not exercise for the remainder of the day**

Avoid strenuous activity for 48 hours to prevent movement of filler or increased blood flow to the face.

## **Contact your provider with any concerns**

Most common reactions to filler are redness, swelling, bruising, and tenderness at the injection site. Symptoms should resolve after 5-7 days. If they persist, please contact your provider.

## **Avoid alcohol for 24 hours following injection**

Alcohol use may increase redness, swelling, and bruising at the injection site.

## **Ice as needed**

Cold compresses may aid in reducing swelling and easing discomfort.

## **Do not touch injection sites**

Avoid excessive touching of injection sites for six hours following treatment. Treated areas can be washed with a gentle cleanser.

## **Avoid drinking from a straw or smoking**

For best results, do not drink from a straw or smoke for 5-7 days.